

QUALIFICATIONS REQUIRED TO APPLY TO BECOME AN NLPtCA RECOGNISED SUPERVISOR

To apply to become an NLPtCA recognised supervisor you should meet the following requirements:

- 1 Be a UKCP registered Psychotherapist and Accredited by NLPtCA.
- 2 Have either
 - at least 3 years therapeutic experience since becoming UKCP registered and Accredited by NLPtCA OR
 - 500 client hours post Accreditation PLUS a recommendation from the person who supervises your clinical practice as a supervisor, stating that they fully support the application, and that you are developmentally ready, and have sufficient direct client experience as a psychotherapist.
- 3 Have a minimum of 60 hours of supervision experience as a supervised trainee supervisor.
- 4 Be in supervision for the practice of supervision, separate from client case supervision, whilst in training. The ratio for this should be at least one hour of supervision of supervision (received) for ten hours of supervision (given to others) during training. This should be with an NLPtCA supervisor. The majority of this should be face to face (minimum 70%). Where necessary some telephone supervision of supervision may be allowed (maximum of 30%)
- 5 Demonstrate the achievement of supervisor competencies by successful completion of a supervision training course. It is anticipated that such a course would be of at least five days' duration and extend over a period of time. This would enable the trainer(s) to assess the progress of the trainee-supervisor over the period. The training is likely to cover various topics, such as :-
 - Review of current theory & research into supervisory practice
 - The tasks and functions of supervision
 - The supervisory relationship as a forum for case management
 - Legal issues
 - Meeting the needs of trainees and clients in diverse communities
 - Generation of feedback, and identifying development needs of the trainees
 - Review of ethical and professional issues
 - Knowing how different professions interface with supervision
 - Reviewing issues within supervision such as Power, Gender, Cross-cultural psychotherapy and supervision
 - Isolating and practicing the skills involved in being a supervisor. (These skills range from setting up supervisory contracts to effective evaluation).
 - Understanding and implementing the tasks of supervision, including the ability to move between different supervisory roles such as: teacher, therapist, supervisor, consultant, evaluator etc.
 - Knowledge of the stages that supervisors go through.
 - Being supervised for the supervision work taking place. This is best carried out in group supervision and allows supervisors to review their own work and learn from their experiences and those of others.

- 6 Adhere to the NLPtCA Code of Ethics and Practice for the Supervision of Psychotherapists and Counsellors, and therefore be subject to a complaints procedure.
- 7 Have no outstanding complaint against the applicant which is relevant to his or her work as a supervisor.
- 8 Have insurance cover for the activity of supervision.
- 9 The supervisor's partner/spouse or business associate may not act as the applicant's supervisor.
- 10 An application form for the position of supervisor may be obtained from the NLPtCA administrator, or may be downloaded from the website (Appendix vii). The completed form is to be mailed, together with all supporting documentation and the appropriate fee, to the designated NLPtCA representative overseeing Supervision for processing.

Original Document Approved by NLPtCA Board on 1st December 2008
Amended September 2009 – Juliet Grayson